

Women's Lives Leeds Theory of Change so what differences are we making.....

Overall Vision :

Many more women and girls in Leeds will have their needs met and be empowered to lead safer, healthier lives.

Outcomes	Here are some figures	What we did and what the women and girls are saying
<p>Improved and extended access for vulnerable women and girls in Leeds to the services and support they want, when they choose. (identified groups: young women, women with complex needs, recently arrived)</p>	<p>Insert relevant info graphics</p> <p>397 (unique) women have accessed WLL Drop in. Some are repeat visitors so rises up to 469</p> <p>45 workshops and awareness raising sessions have been delivered to 768 women and girls within community groups</p> <p>67 closed complex needs cases of which 31 completed their programme of support (57% completion rate)</p> <p>Over 85% of women who have completed their programme of support have self-identified improvement in their confidence and self-esteem, optimism, safety, sense of empowerment and independence</p> <p>5,283 visitors to website 17,410 website page views</p>	<p>The Community Development service is extending reach through community-based drop-ins and group work. The city-wide focus of WLL is extending the reach of service provision.</p> <p><i>'So, the Community Development Workers having a presence in some of the ... communities in Leeds where there's limiting expectations on women – is empowering in that way for women.'</i> Chief Officer</p> <p>Complex needs provision supports the most vulnerable women and girls across identified groups linked to worker specialisms.</p> <p><i>'It is providing – they've got specialisms in so many different areas. There's domestic violence, there's sex work, there's Child Sexual Exploitation, there's education, there's mental health, sexual health. And with the complex needs service, it is very holistic.'</i> Community Engagement Worker</p> <p><i>'... she (Complex Needs Worker) put me in touch with different places like Crisis line, Rape Crisis, all those phone numbers that you can phone when you're very, very upset. I've got all the numbers on my phone to phone when I'm very deeply upset.'</i> Service User</p> <p>The creation of an Online Directory, with support and service information available accessible at a time to suit them.</p>

<p>A Holistic Response will ensure that the needs of women and girls with multiple and complex issues are better supported.</p>	<p>102 active clients engaging in the Complex Needs Service.</p> <p>67 cases have been closed as follows: 31 completed their programme of support. 16 disengaged. 6 moved out of the area 6 decided they no longer wanted the support 3 were high risk, or not eligible for support and were closed immediately on initial assessment 1 died 4 were unknown</p> <p>Out of 50 that completed outcomes monitoring</p>	<p>Women’s Lives Leeds operates a gender specific model of service delivery. This involves the creation of safe spaces to interact with women (important for BME communities), a confidential service, and women supporting women.</p> <p><i>‘I couldn’t have worked with a guy right then. I don’t think a lot of women are going to want to work with a guy when they’ve just been through domestic abuse. ... It’s a really bad idea. It’s really good to have a woman worker in that situation.’ Service User</i></p> <p>The tailored and holistic complex need service encompasses intensive support, workers who can tackle a range of issues, the provision of both practical and emotional support.</p> <p><i>‘They give more time. They guide you the right side, gives you more independence, peace of mind. Because if you imagine, you’ve got so many problems and you can’t deal with them, and then you find out, somebody is going to do step-by-step for me, she’s going to help me – it’s a big relief.’ Service User</i></p> <p>The client-led focus, having one worker able to support women and the unique offer of specialist support being creative and flexible and long term has been valued by all those who have accessed the service</p> <p><i>‘I think it’s helped me to think more clearly. The way that I was worked with helped me feel a lot more relaxed... My worker helped me to learn that I had to do things in my own time... and just to do what I’m capable of at that time. And that I’m a human being and ...and I can only do so much at one time.’ Service User</i></p>
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<p>Women and Girls will be empowered to support their peers and influence service delivery, development and design across the city.</p>	<p>16 women have attended the Advisory Board, 10 have returned on multiple occasions</p> <p>726 feedback statements given about the service.</p> <p>8 women involved in recruitment process.</p> <p>3 women (currently or previously accessing the Complex Needs Service) attended peer evaluator training.</p> <p>2 Women's Hub meetings with approximately 150 attendees.</p> <p>9 Girls Hub meetings with 38 attendees 200 subscribers to Hub mailing list.</p> <p>175 women and girls involved in focus groups for State of Health report and developing branding for the Hubs.</p>	<p>WLL provides several opportunities and mechanisms for women and girls to influence. For example, via involvement in shortlisting staff during interviews, becoming peer evaluators, attending the Hubs and participating in the advisory board.</p> <p>The advisory board directly feeds in to project development and has a core group of women who have accessed the women's lives Leeds service in the past</p> <p><i>'[Being involved in WLL] gave me lots of confidence and strength. ... They make me aware I can have this help... where I can go for help, how I can look after myself.'</i> Service User</p> <p>Now that the project is seeing women exiting the complex needs service with positive pathways, some women are choosing to remain involved and are Peer Evaluators.</p> <p><i>[The Complex Needs service provided] 'not a case of somebody to talk to, a case of someone who I can express myself to and someone who's going to guide me and advise me.'</i> Service User</p> <p>The Women's and Girls hubs have lead on campaigns and the development of a State of Women's Health report, which has executive leadership support from both the local authority and public health and will be launched in March 2019.</p> <p><i>'I think the service gives you a voice. I think it gets your voice heard, being in the service. It's like your voice matters and it will be heard if you want it to be heard.'</i> Service User</p>
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